

RUN

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Remember You Must Always Be Prepared to Run

Preparation must start the day you get married, the day you meet your boyfriend, the day you break up with your husband or boyfriend. You must always be prepared to run. This means you keep a savings account unknown to everyone and I mean unknown to everyone including your mother. You add money to this account every month. I don't care if it is one or two dollars. Money adds up. I don't care how sweet your husband is or how consider and nice your boyfriend is you must make one life saving assumption – **your husband or boyfriend can change. Men change all the time, for a new girlfriend a better life. Knowing this you need to be prepared to run when they change.**

Keep your car in working order I don't care if you have to stop eating. Keep your car in working order. Keep clothing rolled up in your trunk for you and your children. Ask someone that has been in the military they can tell you how to roll clothes for storage. Keep snacks in the trunk two large flash lights and batteries and four blankets. These items can be camouflaged. No one will know what they are. Think you need birth certificates, school records- he can track you if you use his insurance or pay your bills using your new address. Instruct your children to say nothing while living in a shelter. Play the game called amnesia You have no siblings. Your parents are dead. You are sickly you have no friends.

You need to find organizations that hold meetings for abuse women. You need to attend these meetings. Why! So you can learn what these women went through to get away. Lack of knowledge is no excuse for failure. Failure in your case will be the loss of your life and the lives of your children. The lives of your children depend on the decisions that you make and the decisions that you do not make. Make the right decision. Always be prepared to run. Keep your mouth shut. No one has to know what you are thinking or doing. Do not think your mother or best girlfriend does not gossip. They do. So if you tell them of your preparation everyone will soon know of it. When you leave, leave. You do not have to tell your husband or boyfriend you are leaving. To put it bluntly telling your husband or boyfriend that you are leaving and where you will be or are going is stupid. I can give you a list of names of women who were murdered after telegraphing they were leaving. Keep your mouth shut, plan then leave. This is why it would be smart to start your preparations to leave at the beginning of the relationship then you will be prepared to leave at a moment's notice. Do not go back for clothes favorite pictures nothing. **Leave the state.** Do not let anyone tell you that if you start making preparation to leave at the beginning of the relationship you have no faith. That is poppycock. You prepare for war during peace time and you sleep with one eye open. Did you know Sojourner Truth had a child with her when she ran from her slave owners? If do not have to use your savings will it to your daughter so she will be prepared to run.

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