

## Chapter Thirteen

### Terrorism in The Home

Has anyone ever told you that you talk too much? Well you do. Believe it, you talk too much. That is correct. There is no way to say be quiet except to be blunt and say "shut up." You may not want to die, but your children want to live regardless of how angry you are or the fact that you feel you're in the right. Being dead, and lying right along side the bodies of your children is stupid. When people visit the cemetery it does not matter who was right or who was wrong, the only thing that matters is someone is dead never to be seen again. Go back and read the last few pages of Volume Four Part One and note all the women who were murdered while arguing. If you have to bite down on your tongue, do not argue. We do not care how right you feel. There are situation where you can be literally dead right. You are going to get tired of holding your tongue but just remember you can out smart him. Keep you mouth shut make plans collect money and leave. This can be done in a day. Have a garage sale in anticipation of bad times. No you did not make that much money from the garage sale. You let some of the things go for almost nothing to clear the garage. One thing you must always remember proper preparation prevents poor performance. If you set about make plans during the good times, you will have several alternatives if and when the bad times come. So the first time he hits you, you can leave and never return. Also remember we said the day you get married or take up with any man you should start a saving account unknown to anyone. The savings account is your way out. We do not care if you are starving drink water but do not use this money. This money is for the protection or yourself and your children when you have to flee. The author of this book spent years eating peanut butter off a spoon (no bread was available) or either a happy meal, a \$1.00 hamburgers or 25 cent bag of Lays Potato Chips to survive. Once you make up your mind to survive you will be surprise what you can do. One woman left home with just her child and a car. She lucked up on a job at Baker's Square. She worked as a waitress then finally got to be a manager. Her child played underneath the counter while she worked. By the time she got to be manager she was rock hard. She worked long hours. She dug her heels in. She and her son were going to survive no matter what. God gave your survival skills use them. It is better to live and proudly face yourself in the mirror as a survivor than to argue and leave your children motherless.

### If You Want to Live

# SHUT UP

#### Be Quiet

You cannot hear and your senses will not work when you have your mouth open.

Who told you that the proper procedure for seeking a divorce is to tell your husband or your boyfriend you are leaving? Why do you have to talk? Where in the Bible does it say that you have to tell him you are leaving? Where in family law does it say you have to tell your husband you are leaving? Emily Post is dead and we are in the 21st century. Proper procedures apply to etiquette and to business, not marriage and survival. Man is the most dangerous animal on this planet and if you want to live to be old and gray, you better treat man like he is the most dangerous animal on this planet. You are never to mouth the words "I'm leaving." Do not use an ultimatum as a threat. He knows you do not mean it. You have gone back on your word in the past so why not now? He knows you lie. He knows the first time you said you would leave him you went back on your word.

You are a poor negotiator. Recognize this fact and do not negotiate. He knows you are going to go back on your word. How many times have your said, "If you keep using cocaine I am going to leave. If you don't get a job I am going to leave. If you keep drinking I am going to leave." Why threaten? Just leave. You have no power. The first time you acquiesce to him you lost your power. The first reason

why you have no power in this situation is because you are oscillating. You are bluffing and you hope he cares enough about you to change his ways. The second reason why you have no power in this situation is you have no "violence" inside of you. You do not possess little packets of violence that you can whip out at a moments notice and use them to gain control. The only thing men understand is violence. They learn violence early. They learn that violence controls. Violence gives a person the greater influence, the greater position at work, the greater position in the food chain, or the greater position at the bank. If women possessed little packets of violence then the murder statistics would not be as they are.

Men should be taken at their word when they say they are going to murder their wives, children and the kill themselves.

Here are four deadly behaviors that can precipitate murder-suicide: if you return to a job your spouse knows about; if you return to your home to pick up your belongings; if you do not leaving after the first threat; if you show up for a court ordered visitation unaccompanied. We shall talk more about keeping your mouth close in order to save your life.

"Poor decisions with poor consequences" Miami homicide Sgt. Johnny Herrera, 2008

"I can't tell you when the human mind snaps such as Bochicchio. We're dealing with people whose relationship has died and they're still alive spewing all this hatred and animosity. It's really the darkest sides of human behavior that we see. They say that in criminal cases, you see bad people at their worst. In these cases, you see good people at their worst."

Mike Fasano, family lawyer Victor Salamone

"It's kind of the ultimate control, that you kill the person because you don't want them to have a life without you. Lots of people perceive that there was a sudden snapping, like this was the perfect couple, when in reality, there is a history."

Linda Langford, of the National Center for College Health and Safety

Excerpt The Recidivist, Volume Four Part Two, Chapter 13, page 277

