Domestic Violence Fact 4

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| [**1**](file:///H%3A%5Cwebsite%20information%5Cbackups%20to%20websites%205%203%202018%5Cnew%20websites%5CWebsiteBackup2%5Cpublic_html%5Cnisv%5Cold-site%5Cfact1.htm) | [**2**](file:///H%3A%5Cwebsite%20information%5Cbackups%20to%20websites%205%203%202018%5Cnew%20websites%5CWebsiteBackup2%5Cpublic_html%5Cnisv%5Cold-site%5Cfact2.htm) | [**3**](file:///H%3A%5Cwebsite%20information%5Cbackups%20to%20websites%205%203%202018%5Cnew%20websites%5CWebsiteBackup2%5Cpublic_html%5Cnisv%5Cold-site%5Cfact3.htm) | [**4**](file:///H%3A%5Cwebsite%20information%5Cbackups%20to%20websites%205%203%202018%5Cnew%20websites%5CWebsiteBackup2%5Cpublic_html%5Cnisv%5Cold-site%5Cfact4.htm) | [**5**](file:///H%3A%5Cwebsite%20information%5Cbackups%20to%20websites%205%203%202018%5Cnew%20websites%5CWebsiteBackup2%5Cpublic_html%5Cnisv%5Cold-site%5Cfact5.htm) | [**6**](file:///H%3A%5Cwebsite%20information%5Cbackups%20to%20websites%205%203%202018%5Cnew%20websites%5CWebsiteBackup2%5Cpublic_html%5Cnisv%5Cold-site%5Cfact6.htm) | [**7**](file:///H%3A%5Cwebsite%20information%5Cbackups%20to%20websites%205%203%202018%5Cnew%20websites%5CWebsiteBackup2%5Cpublic_html%5Cnisv%5Cold-site%5Cfact7.htm) | [**8**](file:///H%3A%5Cwebsite%20information%5Cbackups%20to%20websites%205%203%202018%5Cnew%20websites%5CWebsiteBackup2%5Cpublic_html%5Cnisv%5Cold-site%5Cfact8.htm) | [**9**](file:///H%3A%5Cwebsite%20information%5Cbackups%20to%20websites%205%203%202018%5Cnew%20websites%5CWebsiteBackup2%5Cpublic_html%5Cnisv%5Cold-site%5Cfact9.htm) | [**10**](file:///H%3A%5Cwebsite%20information%5Cbackups%20to%20websites%205%203%202018%5Cnew%20websites%5CWebsiteBackup2%5Cpublic_html%5Cnisv%5Cold-site%5Cfact10.htm) |

Domestic Violence
Warning Signs

Excessive Jealousy: It is a sign of possessiveness and lack of trust
Quick Involvement: Pressure to commit before it feels comfortable
Blames Others: When things don't go right, it's always someone else's fault
Overly Protective: Other person controls who you talk to, where you go, how
You spend your money, etc.
Rigid sex roles: Does not want equality in a relationship
Overly sensitive: Person is easily hurt or becomes unusually angry when
Asked to help or participate in something he or she
Doesn't want to do.
Dr. Jekyll and
Mr. Hyde: The partner seems to be two different people, at times
Charming and then angry, abusive or hurtful.
Using force or
Threatening to use
Force: During an argument, the person may physically restrain
You, throw objects or threaten to hurt you. Will later try
To explain by saying, "I was just mad."

Making A Safety Plan

Try to figure out warning signs before the assault.
Drinking and drugs, etc.

Are there physical signs? Clenched fists, threats,
A red face?

Try to get out or get help before anything starts.

Are there weapons at home? Can you get rid of them?
Can you lock them up?

Teach the children to call the police.
Can you get the neighbors to call the police?

Create ways to get out of the house

Carry identification at all times.

Domestic Violence Facts - Four continued

Safety At Work

If you fear for your safety, inform your employer and your
immediate supervisor of the situation.

Give address and work phone number to a minimal number
of people. The less the person knows about your
whereabouts, the better.

Post photos of the person you fear.

Ask your supervisor whether you can vary your work
hours to lessen the chances of being stalked.

Source:

Haven, Michigan