

Find The Better You.

Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

Philippians 4:6-8

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The Devil's Cauldron
God's Encouraging Words
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Women of Courage
Light A Candle In My Name
Edited: Jonathan Lee-Ames Hop
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Do not share this book or give this book away for this is my seed to you and to the Lord. These books represent ten years of my life where I was called and had to decide to serve the Lord and to work on His behalf. Your growth from my seed will carry my spirit into the next generation. This book should be read over and over again until the information is planted into your heart (spirit) and comes out of your mouth as a creative force signifying your connection with the Lord who created you.

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If I have learned anything in this life is that one must always move forward and play the hand life has dealt. Gloria G. Lee

I wrote this book as a quick reference for people who become depressed during the day. You may want to carry this booklet with you every day so that you can constantly remind yourself of God's promises. You may feel frustrated because you married a man who could not manage his money. So you are taking your anger with yourself out on him. He didn't tell you to marry him he asked you to marry him. There is a difference.

Instead of being mad at yourself for marrying him and take it out on him look for a solution. If a man can come on television and tell you to take a purple pill for what ails you and your follow his advice, then you definitely can follow my advice to save your life.

There is no right or wrong answer but there is always a better answer

But it requires thinking to get to the better of the best answer

Let the weak say I am strong.

Joel 3:10

Your mother, sister or best friend or a family member will appreciate a copy of this book. It is important that we continue to encourage ourselves in our walk with God. It is important that we continue to read, study and mediate so that in times of trouble we will not falter but gird our loins and stand for right not evil which is what every Christian is called to do.

Do not share this book or give this book away.

From the author

I wrote this book because I wanted to give women some of the same tools I used to fight for my life. Women have to fight and fight just to be given the same opportunities as men to develop their lives. Women are constantly told you must be beautiful. You must be pretty. You must have a large buttock. You must have large breasts. Men have to like you if you are going to be somebody. You are no one if you are not married. Women are constantly told what to do and how to do it every day by the church. The church is on a mission to bring women back under control. The church tries to indoctrinate the mothers so their girls cannot play baseball, they don't get the same education as boys, female children are not encouraged to attend college so they can seek jobs in corporate America because these jobs should go to men because men are the ones responsible for providing for the family.

There are women in this country who are told and believe that women should not earn as much as men. It is not a woman place to run the family. No matter what the education of the male the male should direct the family in all matters. In some parts of this country the life of young girls are taken away from them by their parents forcing them into an early marriages. Some states want to force women to marry their rapist. None of this happens to men. Men are not forced into married. Men are not forced into having children. Men are not forced to marry their rapist. It seems that the thrust of society is to keep women enslaved obedient to the male. The church has dedicated itself to enslaving the minds of women. Pretty soon the church is again going to say that women are breeder and they have no need to be educated.

To the men in this country someone is going to have to stand up for the female children in this country. If you want the best for your daughter then you want her educated. You do not want your daughter living with a man who beats her every night; Where she takes these beatings because she does not have the education to take care of herself and her children. Do you know how many women are killed every year because they stayed with a man because of finances or their mother told them to stay because the mother believes her daughter has the best husband she could get. Take the beatings because he is a good provider. Do you truly love

your daughter or do you value tradition more. We need to get Alice married off because she will never make it in life. At least someone is willing to marry her. What does a few slaps matter.

Slaps do matter. Slaps takes away a woman's dignity. Slaps make a woman feel worthless. And slaps take away from a woman's self-esteem. Since you are the father trying to determine your daughter's destiny ask yourself how often would you like to be slapped if the dinner is late, or slapped if clothes are not hung properly in the closet. You say you love your daughter yet you do not see that she is as well educated as your son. So apparently your love is conditional. Your daughter is not the right gender.

Introduction

You must make up your mind that you are going to take control of your life regardless of what other people have to say about the direction that you chose. You have to believe that you can accomplish as much with your life as other people accomplish with theirs. You must be resolved to go out and get the knowledge that you need to do what you want to do and to be the person you want to be. This is it. You are going to take a stand. You are not only going to ignore the naysayers in your life you are going to move away from them. You are going to eliminate them from your life. You are going to seek new and more interesting people to pal around with. You are going to seek out people who not only have plans for their lives but people who are living those plans. You are going to associate with people who not only talk about their future but are moving toward new and better futures. You will refuse to associate with anyone who is always using the word easy. You are going to avoid people who are always saying I am gonna. You will not associate with people who lie cheat and steal. People who are always looking for someone they can use, abuse or cheat. You do not have to let other people define you just because you have big feet or your nose is too large for them. Look at the people around you.. I mean really look. They are not perfect physically or mentally. Every one you meet is fighting some sort of problem. They are either in the process of fighting that problem, or they just won over the problem and taking a celebration at their success for overcoming whatever other people said they should do with their lives. You are going to have to do some bookkeeping to determine where you are what obstacles you will have to overcome. Make certain you are living in a safe area. You must exercise safety precautions. You should always park in a safe location or ask an attendant to accompany you to your car if you leave a store late at night. You need to survey your net worth. You should establish a savings for a rainy day. You should access whether you should return to school to further your education. In other words sit down and take an inventory of your life. The greatest thing that you can do in inventorying your life is not to look back. You must accept the mistakes that you have made. Put the mistakes behind you. Do not holler and scream at your mate or your children because you are angry with the circumstances off your life. Just change. When you

face the past you say to yourself ok I did this or that and the other. Those were not good decisions. I will learn from the decisions and not make those decisions again. I will learn from the errors in my past and move on with my life. I accept that some past relationships did not work out. I cannot change the past but I can affect my future. If you want to change professions because you do not like your job, ask yourself what job you would like to perform in the future. Think realistic about your choices. Sit down and see if you can change professions safely. Do you need more education? How are you going to pay for this education? Should you work at McDonald's to earn the money you need for tuition. You will definitely not tell anyone of your plans because you will not need them telling you that your plans will not work. Soothsayers are good for discouraging people. Working at McDonalds will not be that bad once you begin to tell yourself that the end is near. That you are going to accomplish something' that you are going to change your life. It is possible to work at McDonald's to save enough money to start your own business. Thousands of people have worked two jobs to earn enough money to start their own business. The key is to keep your mouth shut and to tell your spouse to keep his or her mouth shut. In laws are the worse soothsayers especially when they were afraid to try their dreams. Soothsayers are people who did not have the guts to fight for their dreams. They love to tell other people what can and cannot be done based on their failures at life. Soothsayers are people who gave up on their dreams early in life. They let society beat them down. They let society tell them what they could and could not do and these soothsayers accepted what was told to them. Soothsayer live miserable lives. They get up in the morning starting their morning off like someone told them. They drive to work like they are supposed to do. They leave work and drive home like they are supposed to do. And the next day they start the routine all over again. Internally they are disappointed. They are unhappy. They are sad. They use adultery as a distraction. They need something to tell them that they are alive. When all they have to do is decide that they are going to live their lives the way they want to and to work whatever job that makes them happy.

Section One

Do You Have A Plan For Your Life? If Not, You Need To Read This Book

When you do not continue to have plans for your life you have given up and your thinking is chaotic.

It is important to your mental and physical health to always be encouraged. One word from God in the form of an answered prayer can change your life forever. Put more into your life by seeking God and putting God's word in your mouth. Every day millions and millions of people play the lottery or the illegal numbers game. And everyday millions and millions of people go to Las Vegas and Atlantic City hoping to strike it rich. Little do they realize all their problems can be solved by seeking God. Commit yourself to change. Make up your mind that you are going to change your life. Let nothing stop you from reading God's word and bringing His words out of your mouth and speaking your world into existence.

Romans 8:26 In the same way the Spirit also comes to help us, weak as we are For we do not know how we ought to pray ; the Spirit himself pleads with God fur us in groans that words cannot express.

Act 3:19 Repent, then, and turn to God, so that he will forgive your sins. If you do, times of spiritual strength will come from the Lord, and he will send Jesus, who is the Messiah he has already chosen for you.

John 3:35-36 The father loves his Son and has put everything in his power. Whoever believes in the son has eternal life; whoever disobeys the Son will not have life, but will remain under God's punishment.

John 14:13 And I will do whatever you ask for in my name, so that the Father's glory will be shown through the Son. If you ask me for anything in my name, I will do it.

Poverty causes despair, anger, hatred, fear then death. Our children cannot continue to live in this condition. Tradition must give way to bold new ideas leading our country away from the institutionalization and imprisonment of our citizens unfortunate enough to be born into poverty. As parents we must take a leadership role and change the circumstances of our lives giving recognition to the importance of our children's. You must stand up and change your life.

If you are in trouble you need to purchase three pocket books and read them throughout the day. The books need to be read over and over again. The books will help you feel better and manage your life. This is not a sales pitch. These three books will help you. Know Your Enemy, A Christian is Never Desperate and The Trial of the Mind are three pocketsize devotionals filled with information to help you face the day. You can carry these books in your purse or breast pocket and read them to help you meet life challenges during the day. These books were written to show you how to develop and protect your mind and to elevate your self-esteem. There are moments in life when we all have to be encouraged to make it through the day. We have problems at work, problems with our spouses, problems with our children or problems with our bills. These situations and problems weigh us down to where we do not know which way to turn or we just want to quit. These books will help you. You will be encouraged. Drinking is not the answer nor is smoking a joint of marijuana before going to work the answer. More and more women are now being cited for DWI's and entering prison on drug charges. Pick up these books and read them over and over again until your countenance returns until you feel the joy of life again. There is a passage in the book A Christian is Never Desperate. I think will help you. It helped me when I was homeless. Tell yourself "This is what the Lord, The God of Israel, said. Talk to the Lord! Notice the power in this praise, say it again *This is What the Lord, The God of Israel said*, then repeat to yourself what God says about lack, about your health your peace and your prosperity. Repeat God's promises to yourself. Faith is belief.

These books were designed as sources for you to use to give you encouragement, refreshment and strength to fight daily battles of survival. These books are reminders that you can win at

life. Life is not something that you suffer through and then you die. Life is a passage of time to be lived in joy and happiness with God at the helm. These devotionals will keep you mindful of your responsibilities to God and your responsibility to yourself and to your family. Keep one of these books with you at all times. You will find referencing the scriptures will help you strengthen your mind. These scriptures will reinforce your faith and sustain you. When you feel panicky or when worry overcomes you at work, go into the bathroom and repeat one of the scriptures out loud to yourself. These scriptures will fortify you. Some days you will be overcome with fear thinking nothing will get you out of the situation you are in. This is not true. Change can come into your life but you must examine your life decide what you want to change then plan for these changes. You must learn to take one day at a time. This will lower your anxiety. People lose control of their emotions because they keep jumping ahead in their minds. They forecast gloom and doom. Not realizing that most of what they think will happen never happens. You must master taking one day at a time. When you take one day at a time you will begin to look forward to incremental change. You must learn to believe in change. Worriers feed their anxiety by thinking nothing will change. They expect nothing so they get nothing. **Worrying will kill you. Fear will kill you and avoidance will kill you. You can develop the courage to save yourself and your children.** Just as you learned to worry you can learn not to worry. The genesis of worry is fear. You can learn how not to be afraid, just as you learn to be afraid. Learn to recognize when you are fearful and learn to fight against fear. It is important that you start walking with God. It is important that you read, study and meditate so that in times of trouble you will not falter but gird your loins and stand for right not evil. Worrying lowers your expectation of the future. If you have a god, why low expectations. You have low expectations because of the way you think. You do not believe. You want to believe but you do not believe. Say I have a god then stand up. This is what every Christian is called to do.

Failure in life is often due to a person's refusal to change and refusal to confront his or her fears. Rather than picking up a book and learning something new, the person keeps doing the same thing over and over again expecting a different result. There Are Women Who Are Told the Best way to get a man to marry is to

have a child. The first time the woman has a child the man does not marry her. She tries the technique again. She gets pregnant for the second time has a child the man does not marry her. She tries the technique a third time. She Has Not Learned. How many abortions are you going to have? Rather than changing herself she keeps doing the same thing over and over again. Rather than picking up a book and learning how other people solved the Same Problem, she does not change. She fails to realize there is more than one way to solve a problem and she can learn this information by reading. This woman **Has Failed To Realize** she has made a faulty assumption (Having a baby leads to marriage). Do not be one of these people. Pick up my books and try something new. My books provide a broad discussion on many subjects that affect one's life. Read, learn then change.

Part of change is to stop lying to yourself. Stop walking around pretending everything in your life is ok. Stop acting as if you are in control piling up more and more debt, avoiding your mortgage payments to pretend wealth. And stop depending on the conversations you are having with you best friend. You must sit down make a clear assessment of your circumstances decide what needs to be changed in your life, make plans for these changes then act. Take a deep breath and admit your problems to yourself. Admit you made mistakes with your children. Now tell yourself you are determined to change your circumstances. You are not going to spend another second living a life that you do not want. And please learn to keep your mouth shut what you may not realize your friends and family may not want you to change or to do better than they. Doubt is a contagious fear conveyed by friends and family usually early in life then this doubt is developed into a habit. What some people do not recognize is that their friends and family members may have a low expectation in life and they are incapable of encouraging themselves or you. They practice a mode of living called "avoidance". They walk around pretending. They live a life of bitterness and die with hatred in their heart for themselves, those around them and God. Your self-image is determined during maturation and it is based on the encouragement and love given to you by your parents or the disdain shown by others. You must learn to encourage yourself and not on the strokes of others.

Change is not an easy process. It hurts. You will be confused. You will be scared and weary. Things will go wrong but you must be determined to claim your life regardless of your age. Two problems cause women to be defeated their self-image and their self-doubt. Do not grow old being bitter filled with hatred where your envy of the young turns you into a monster. Do not be afraid that you will live a life of despair. You must learn to live a life of expectation not despair. Evaluate your life. Evaluate the people you confide in. Evaluate then make plans then act. You will be alone but being alone is better than being part of a herd going nowhere. Granted you may not know what to do to change your life. But one thing is certain if you do not step out seeking knowledge through reading you will never live a fulfilling life. Your children will benefit from your diligence. You believe what you read in magazine when you change your hairdo to attract a man. Why not believe in me when I say my books will have your make a permanent change in your life. Read, learn then change. Change will be difficult but you can do it. Just stand up.

One facet of change that you must be aware of is you must feed yourself encouragement daily. You must make a meal off of telling yourself encouraging words. And one function of deriving a benefit from constant encouragement is repetitiveness. Repetitiveness causes growth of knowledge. The more you repeat positive things to yourself the more you will believe what you are attempting is possible. Repetition is the secret to successful learning. **Repetition** is a literary device that repeats the same words or phrases a few times to make an idea clearer and more memorable repetition is a great devise to use with respect to learning. A single cycle of lifting and lowering a weight in strength training is called a **Repetition**. The military uses repetition to improve training and learning. You learn by repeating a word, phrase, or sentence.

The repetition or restatement of an idea at intervals not only promotes clarity, but encourages the acceptance of an idea. I will say it again, the repetition or restatement of an idea at intervals not only promotes clarity, but encourages the acceptance of an idea.

When you repeat and emphasize one idea, competing ideas are subordinated and sometimes are driven completely out of the mind.

Repetition is a powerful force in learning notice how children are able to recite characters from stories that you have read to them over and over again. They can recite these words with great clarity. Human beings somehow need to see, hear and do things again and again in order to acquire any kind of growth or self-improvement.

Repetition is essential whether it involves memorizing our multiplication tables, learning to drive a car, or developing "six-pack abs."

So that is what we are going to do. We are going to repeat ideas to give you a second and third chance to consider what we are saying.

Carry this booklet with you every day so that you can constantly remind yourself of God's promises.

It is important to your mental and physical health to always be encouraged.

Isaiah 59:21"And I make a covenant with you: I have given my power and my teachings to be yours forever, and from now on you are to obey me and teach your children and your descendants to obey me for all time to come.

Section Two

Open Your Mind and Bring Your World Into Existence

Subjects of discussion

God's word is my medicine to my soul
I Take Authority Over My Life
When Fear Comes Upon You
Be Determined to Change
Emotions to Guard Against
Do Not Lose Your Vision
Live in The Spirit and You Will Never Be Alone
What to do with Negative People

When You Walk In The Light you are Part of the Body of Christ

God's Word is My Medicine to My Soul

I must be a good maintenance person and I have planted God's word in my heart.

I have a supernatural right to be saved. I have a supernatural right to be healed. Jesus took my sicknesses and pain so that I could be healed. God gave his word so that I can have faith. God honors the word. Jesus was made sick for me. I am the righteousness of God. I am not moved by what I see, I have a right to be healed. I am healed and I believe it. God has given me his word that I am healed. Everything that I have asked for shall come to pass. I shall live and see it and be alive to enjoy people being happy.

I pray over my family, in the name of Jesus I ask for a miracle for all of my children, my brothers and sisters and the entire congregation at my church for every situation. I pray we are supernaturally healed and those that believe you will be healed. I pray you cast out all demons from my family. That they have no place here. I magnify you Lord. I thank you for your word. I praise you Lord. You are the most high God. I praise you for your word. I believe your word. I believe I am healed right now. In the name of Jesus I declare I am healed. I thank the Lord for my peace and salvation.

Jesus was made sin that we might be made righteous of God. Jesus was made sick that we might be made healed. Jesus was made poor so that we through his poverty may become rich. I have a right to be righteous, healed and rich. I believe Jesus was made sick, died and rose from the dead for me. Jesus was made unto us wisdom, redemption, sanctification and righteousness. I have been redeemed from all the curses because I receive Jesus as my savior. I have been born again. God I thank you for the word. I rejoice in your word, you gave your word that I am healed. The devil uses suggestions against me suggestions influence our thoughts so that we become fearful and believe that what God promised will not come to pass. With the stripes Jesus took on has made me healed. I believe he died, went to hell and rose for me and I am

saved. God laid on Jesus everyone's sin. There was no deceit in his mouth, yet it pleased the Lord to bruise him, and made him sick; 2 Corinthians 5:21 he was made sin so that we might be made righteous, he was made sick so we might be made well. Abraham believed God and was made righteous, so I believe God and I shall be made healed. I am convinced that God's word is medicine and will heal me. My faith is growing. My thinking will remain healthy. The words I read is life to me and health to my thinking. I will keep my heart healthy by mediating on Gods thoughts.

God's word is my tool to a better life.

God You Said

Children learn by example. Sit and watch your child. If you open the refrigerator door he or she will follow your example sooner or later your child will attempt to open the refrigerator door. Eventually with a little effort they will succeed at their task and open the refrigerator door. Not only will your child open the refrigerator door your child will follow in your footsteps. They will attempt to walk like you, smoke a cigarette like you, drink like you, eat like you, laugh like you and with a little effort they will begin speaking like you. Now if you look at God's behavior you will note he used words to create. He went about the universe creating and bringing the world into existence. As he was creating he was speaking. All through Genesis God speaks things into existence. Now read further you will note God talking to his prophets telling them what to do or say to man so man can have a better life. During these conversations God was locking himself into an eternal promise. Read what God said,

God you said in

Jeremiah 1:12 "I will hasten my word to perform it."

God you said in

Isaiah 41:14, 17 "Small and weak as you are, Israel don't be afraid; I will help you. I, the holy God of Israel, am the one who saves you. I, God of Israel, will never abandon them.

God you said in

Isaiah 42:16 "I will lead my blind people by roads they have never traveled. I will turn their darkness into light and make rough country smooth before them.

God you said in

Isaiah 43:2 When you pass through deep waters, I will be with you; your troubles will not overwhelm you. When you pass through fire, you will not be burned; the hard trials that come will not hurt you.

God you said in

Isaiah 44:3 "I will give water to the thirsty land and make streams flow on the dry ground. I will pour out my spirit on your children and my blessing on your descendants. They will thrive like well-watered grass, like willow by streams of running water.

God you said in

Ezekiel 37:4,5 Prophecy to the bones, tell these dry bones to list to the word of the lord. Tell them that I, the Sovereign Lord, am saying to them: I am going to put breath into you and bring you back to life. Then you will know that I am the Lord.

God you said in

Ezekiel 37:6 I will give you sinew and muscles, and cover your skin. I will put breath into you and bring you back to life.

Deuteronomy 28:1 And it shall come to pass, if thou (**you**) shalt hearken diligently unto the voice of the Lord thy God, to observe and to do all His commandments which I command thee this day, that the Lord thy God will set thee on high above all nations on this earth.

Joshua 1:8 Be sure that the book of the Law is always read in your worship. Study it day and night, and make sure that you obey every thing written in it. Then you will be prosperous and successful... I have commanded you to be determined and confident

Psalm 5:11-12 But let all those that put their trust in thee rejoice; let them ever shout for joy, because thou defendest them: let them also that love thy name be joyful in thee. For thou, Lord, will bless the righteous; with **favour** wilt thou compass him as with a shield.

Luke 10:19 God has give unto **me** power to tread on serpents and scorpions, and over all the power of the enemy; and nothing shall by any means hurt **me**.

When you speak to your children do you not expect them to rely upon what you say? Your commitment to your children teaches your children responsibility and how to make commitments to their children. Follow in God's footsteps. Speak his word over your life. His example teaches the creative force of words.

I Take Authority Over My Life

In the name of Jesus I have been created, to dominate the earth therefore, I will not permit any of the treachery of the devil to remain in any area of my life. What I loose and call lawful that is what it will be, and what I loose and forbid that is what it will be. I receive my anointing through the name of Jesus now.

I decree that I have understanding

I decree that I am wise and

I decree that abundance will be established unto me.

I decree that peace and prosperity on my family and household.

I decree that my body is healed and that my family will live healthy lives.

I decree that my children will live happy and save lives.

I decree that.....

I declare in the name of Jesus I am in the overflow of the blessing of God. This is my declaration of my faith.

So I Prophesied as I Have Been Told.

God told Ezekiel to prophesize to a room filled with dry bones. If God can command a man to prophesize to bring dry bones back

to life surely you can command health, wellness, and safety into your life.

Ezekiel 37:9 God said to me. "Mortal man, prophesy to the wind. Tell the wind that the Sovereign Lord commands it to come from every direction, to breathe into these dead bodies, and to bring to them back to life.

God you said in

Malachi 3:10 Prove me now herewith, saith the Lord of hosts, if I will not open you the windows of heaven, and pour you out a blessing, that there shall not be room enough to receive it.

God you said in

Jeremiah 30:17 "For I will restore health unto thee, and I will heal thee of thy wounds."

Jesus said in

Mark 9:23 Jesus said unto him. If thou canst believe. All things are possible to him that believeth.

Jesus said in

Matthew 19:26 But for God all things are possible.
God you said in

Psalms 50:14-15 ..Pay thy vows unto the most high and call upon me in the day of trouble; and I will deliver thee.

God you said in

Ephesians 3:20 That you will move in my life so abundantly there will not be room to contain it.

Jesus said in

Luke 6:38 Give, and it shall be given unto you; good measure, pressed down, and shaken together, and running over, shall men

give into your bosom. For with the same measure that ye mete withal it shall be measured to you again.

God you said in

Isaiah 54:17 No weapon formed against me shall prosper."

Jesus said in

Matthew 18:19 "If two of you shall agree on earth as touching any thing that they shall ask, it shall be done for them of my Father which is in heaven."

Jesus said in

Matthew 18:18 "Whatsoever ye shall bind on earth shall be bound in heaven; and whatsoever ye shall loose on earth shall be loosed in heaven.

Job 22:28 Thou Shalt also decree a thing, and It shall Be established unto thee: and the light shall shine upon thy ways.

I declare that I will stop making assumptions about my life and the lives of others because all things are possible through God.

I declare I have been delivered from fear.
I have been delivered from worry.

I have been delivered from sickness.
I have been delivered from apprehension and anxiety.

I have been delivered from loneliness.

I have been delivered from fear of failure.

I declare God has given me strength to wake each day work and to continue to change my life and the lives of my family.

I declare that I will bring change into my life by expecting good results to my problems and affairs.

I declare I will stop thinking negatively that every disaster will be fall me.

I declare that I will eat better, lose weight, exercise and generally live better than I have lived before. I look forward to a healthier life.

I declare that I will tithes and offerings and I declare a blessing and believe it shall be delivered unto me and my children.

I believe God is always acting on my behalf.

I believe God loves me. I believe I am healed.

I believe I am saved and I shall live a long, healthy, prosperous life.

I believe God protects me and my family when we leave in the morning for work and school and when we go to sleep at night.

I believe God confirms the word of his servant.

I believe God will go before me and make my way straight. I believe God will have people show me favor and reduce my burden and will show me ways in which to provide for my family.

I believe.....If thou wilt diligently hearken to the voice of the Lord thy God, and will do that which is right in his sight, and will give ear to his commandments, and keep all his statues,

I will put NONE of these diseases upon thee which I have brought upon the Egyptians: for I am the Lord that Healeth thee.

Exodus 15:26 Father I thank you for the precious blood of Jesus Christ that he died and rose again just for me. I thank you that he delivered me from sin, and guilt. I thank you and I receive Jesus Christ as my Lord and Savior.

Psalms 115:14

The Lord shall increase you more and more you and your children.
The Lord shall increase me and my children and my household.

When fear comes upon you remember what God has promised you and the Devil will flee. **Exodus 15:26, Exodus 23:25, 26, Numbers 23:19, Deuteronomy 5:33, Deuteronomy 7:11 - 15, Deuteronomy 30:19 - 20**

God said, "If you will obey me completely by doing what I consider right and by keeping my commands, I will not punish you with any of the diseases that I brought on the Egyptians. I am the Lord, the one who heals you."

And God said, "If you worship me, the Lord your God, I will bless you with food and water and take away all your sicknesses. In your land no woman will have a miscarriage or be without children. I will give you long lives."

God is not like people, who lie; He is not a human who changes his mind. Whatever he promises, he does; He speaks, and it is done.

Obey them all, so that everything will go well with you and so that you will continue to lie in the land that you are going to occupy.

Now then, obey what you have been taught; obey all the laws that I have given you today. If you listen to these commands and obey them faithfully, then the Lord your God will continue to keep his covenant with you and will show you his constant love, as he promised your ancestors. He will love you and bless you, so that you will increase in number and have many children: he will bless your fields, so that you will have grain, wine, and olive oil; and he will bless you by giving you many cattle and sheep. He will give you all the blessings in the land that he promised your ancestors he would give you. No people in the world will be richly blessed as you. None of you nor any of your livestock will be sterile. The Lord will protect you from all sickness, and he will not bring on you any of the dreadful diseases that you experienced in Egypt, but he will bring them on all your enemies.

I am giving you the choice between life and death, between God's blessing and God's curses, and I call heaven and earth to witness the choice you make. Choose life. Love the Lord your God, obey him and be faithful to him, and then you and your

descendants will live long in the land that he promised to give your ancestors, Abraham, Isaac, and Jacob.

Say these verses out loud over and over again to yourself and strength will be built into you.

These verses shall help you walk with God. There is no greater joy in the world than walking with God. There is no greater joy in the world than walking with God.

If you are a woman your conduct in life is important and in order for you to walk with God you will need help from time to time. The choices you make are important not just to yourself but your choices are important to your children and your husband. Your impact on the family is great therefore, the battles you fight with jealousy, envy, greediness, slothfulness, and adultery must be won if your children are to grow into proud and caring human beings and are to succeed in life.

Periodically, regardless of how painful it is you must go in conference with yourself and evaluate your conduct. If your conduct is found wanting you must change and the word of God will help you make this change. Civilization rest in the heart and mind of women. You must realize who you are and act accordingly.

Matthew 10:26-27"So do not be afraid of people. Whatever is now covered up will be uncovered, and every secret will be made known. What I am telling you in the dark you must repeat in broad daylight and what you have heard in private you must announce from the housetops.

Fear is based on something that happened before a failure or a disappointment that occurred in the past. You cannot base your future on the past. Failure that occurred in the past does not necessarily mean failure in the future. You can overcome the spirit of fear and panic by believing in God's word. Do not turn back from a fight because of what occurred in the past.

Deuteronomy 20:1 when thou goest out to battle against thine enemies, and seest horses, and chariots, and a people more than thou, be not afraid of them: for the Lord thy God is with thee, which brought thee up out of the land of Egypt.

Panic is an unrealistic fear that is not grounded in reality. It is fear without reason. Panic is what the devil uses to defeat you. If the devil can get you operating in fear before you see the enemy he can stop you from even trying to realize your dream. The devil's job is to find out how he can get you to panic.

Do not tolerate fear in your life. **1 John** *We don't cope with fear. We have to have faith in his name. We must encourage ourselves for the time ahead and for the rest of our lives to fight the fight against fear acting out of fear walking in fear and believe in fear.*

When You are Anxious About Your Health Read This Section.

God's word is my medicine

I have to plant God's word in my heart. I must be a good maintenance person
I must get my thinking straight.

I have a supernatural right to be saved. I have a supernatural right to be healed.
Jesus was made sick for me. My faith is growing.

I am healed and I believe it.

God has given me his word that I am healed.

Everything that I have asked for shall come to pass. I shall live and see it and be alive to enjoy people being happy.

Jesus took my sicknesses and pain so that I could be healed.

God gave his word so that I can have faith god honors the word.

I pray over my family, in the name of Jesus I ask for a miracle for my entire family for every situation. I pray we are supernaturally healed and those that believe you will be healed.

I pray you cast out all demons from my family. That they have no place here. I magnify you Lord. I thank you for your word. I

praise you lord. You are the most high God. I praise you for your word. I believe your word. I believe I am healed right now. In the name of Jesus I declare I am healed.

I thank the lord for my peace. My thinking must be healthy. The word I read is life to me and health to my thinking. I must keep my heart healthy by mediating on Gods thoughts.